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Cardiac surgery-associated acute kidney injury in newborns: A meta-analysis

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ABSTRACT

Introduction: Acute kidney injury is a common complication following pediatric heart surgery, and it has been linked to an increased risk of morbidity and fatality.

Methods: The PubMed and Medline databases were combed for relevant research until May 2022. The terms [Cardiac surgery] AND [acute renal injury] AND [newborns OR children OR neonates] AND [randomized control studies OR randomized control trials] were used as search criteria. The studies that met the inclusion criteria were considered qualified using the preferred reporting items for systematic reviews and meta-analyses (PRISMA) guidelines.

Results: A total of 2,941 newborns or children were enrolled in 14 studies, with 931 developing acute renal damage. 2,095 of the enrolled infants and children received steroid, aminophylline, dexmedetomidine, and acetaminophen therapies. In seven studies, the odds ratio for steroids was not significantly different from control. In contrast, two studies comparing aminophylline to a control group found no statistically significant change. Two studies found no significant difference in dexmedetomidine therapy compared to control. Three trials, however, found a significant difference between the acetaminophen treatment and control groups.

Conclusion: Acetaminophen was linked to a decreased risk of postoperative acute renal injury, while steroids had no benefit and aminophylline treatment could be justified.

Keywords: acute kidney injury, newborns, cardiac surgery, serum creatinine

INTRODUCTION

Acute kidney injury in infants is prevalent following heart surgery. It's a condition marked by a rapid decline of kidney function, as evidenced by a lower glomerular filtration rate and >50% increase in serum creatinine [1]. In contemporary clinical practice, however, there are two separate classifications for acute kidney damage in children based on blood creatinine levels and urine output: pediatric risk, injury, failure, loss, and end stage (pRIFLE) [2] and acute kidney injury network (AKIN) criteria [3]. Acute kidney injury after pediatric heart surgery affects 9.6% to 52% of children [4-10]. The high variability in the incidence rate is due to the type of surgical treatment performed, which can range from 94% in heart transplantation to 3% in thoracic surgery [11].

It is now well understood that the risk of acute renal injury increases as the age of the child undergoing surgery drops, with the risk in newborns reaching 50% to 60%, depending on the complications of the surgery. Other patient and procedure-related risk variables have also been identified, as shown in **Figure 1**. Other serum and urine indicators have been utilized in various trials to diagnose acute renal damage early [12]. As functional indicators, serum cystatin-C and urinary neutrophil gelatinase associated lipocalin (NGAL) have grown popular [13]. Brain natriuretic peptides, interleukin 6 and 18, kidney injury molecule 1, liver fatty acid binding protein, homovanillic acid sulfate, etc. are other biomarkers as shown in **Figure 1**.

The exact mechanisms of acute renal damage following heart surgery are unknown. Several investigations, however, have revealed that the causes are multifaceted. Cardiopulmonary bypass, neurohormonal variables, ischemic-reperfusion injury, nephrotoxins, oxidative stress, and inflammation are only a few of them [17]. Due to the specific physiology and underlying procedures required in heart surgery, such as aortic cross-clamping and cardiopulmonary bypass, as well as the need of frequent transfusions and vasopressors, patients undergoing cardiac surgery are particularly vulnerable [17]. Hemolysis is caused by the cardiopulmonary bypass circuit, which releases free hemoglobin and iron. Free hemoglobin depletes circulating haptoglobin and binds to Tamm-Horsfall protein, causing renal tubular congestion and damage [18]. Nitric oxide is consumed by plasma oxyhemoglobin, resulting in renal arteriole vasoconstriction and impaired kidney perfusion. Through the Fenton and Haber Weis processes, circulating labile iron enhances reactive oxygen species generation, exacerbating oxidative stress and acute kidney damage [19].

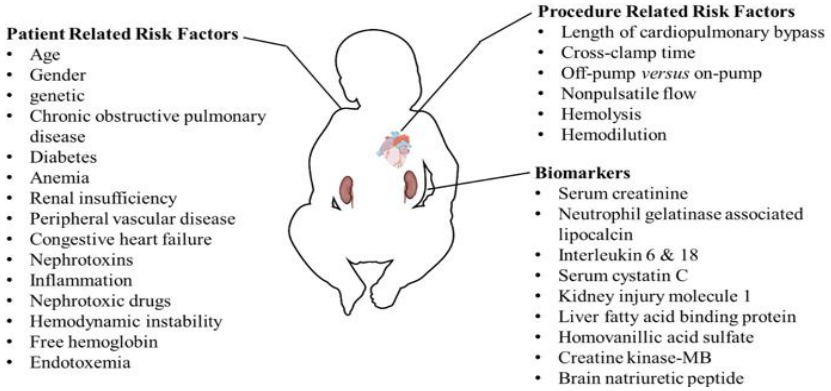

Figure 1. Risk factors & biomarkers associated with acute kidney injury after cardiac surgery in newborns (adapted from [14-16]).

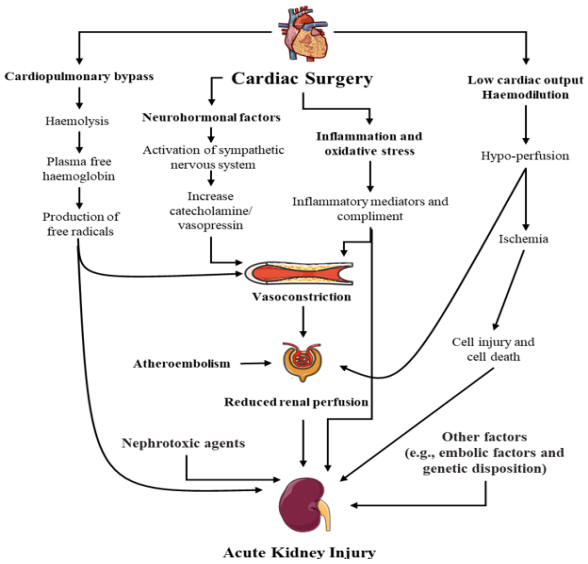

Figure 2. Pathogenesis of acute kidney injury after cardiac surgery in newborns (adapted from [17, 25, 26]).

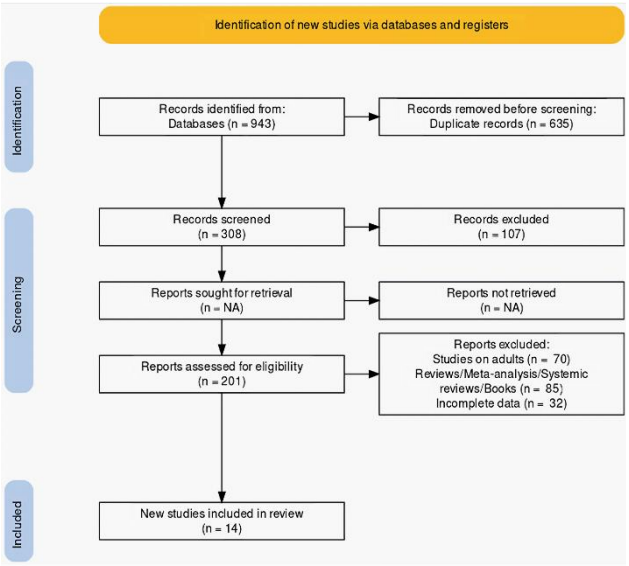

Figure 3. PRISMA flow chart of literature selection for meta-analysis (Source: Authors' own elaboration)

Renal damage is caused by cardiac surgery in a variety of ways. During cardiac bypass, low-pressure non-pulsatile linear flow causes an increase in peripheral vascular resistance and poor microcirculation, resulting in ischemia–perfusion damage and tissue edema [20, 21]. Furthermore, increased cortical perfusion, through increasing medullary oxygen demand, precipitates corticomedullary ischemia [22]. Low cardiac output also activates the sympathetic nervous system, leading in endogenous catecholamine release and stimulation of the renin-angiotensin-aldosterone cascade, further compromising renal oxygenation [23, 24]. The pathophysiology of acute renal damage associated with heart surgery is depicted in **Figure 2**.

Several methods have been tried in the pediatric population to lower the incidence of cardiac surgery-related acute renal damage, with varying degrees of effectiveness. The goal of this study is to see how effective different strategies are at preventing acute renal injury after juvenile heart surgery.

METHODS

In May 2022, we conducted a search of the PubMed and Medline databases for this meta-analysis, which included the most recent literature on randomized control trials and cohort studies for cardiac surgery-associated acute renal injury in neonates or children over the previous ten years. Medical subject headings thesaurus (MeSH) terms and keywords from relevant literature were used to build a search strategy that covers all relevant papers. The terms [Cardiac surgery] AND [acute renal injury] AND [newborns OR children OR neonates] AND [randomized control studies OR randomized control trials] were used as search criteria. We also looked through the reference tracking of bibliographies and manual searches during the first search to see if there were any additional studies that were relevant. The authors independently assessed the titles and abstracts for inclusion. The studies that met the inclusion criteria were considered qualified using the preferred reporting items for systematic reviews and meta-analyses (PRISMA) guidelines (**Figure 3**).

Following the removal of obvious unrelated material, the authors analyzed the study abstracts and complete texts independently, determining which papers to include based on the inclusion and exclusion criteria (**Table 1**). All writers discussed and resolved any concerns or conflicts.

Statistical Analysis

The retrieved data was examined with a 95% confidence interval using Review Manager 5.4. The random model was used to determine the heterogeneity among the studies. To determine the entire cumulative impact, forest patches were developed. We adopted a random effects model because we expected heterogeneity among publications in meta-analysis.

Table 1. Criteria for inclusion & exclusion of studies in meta-analysis

Inclusion	Exclusion
Original article	Reviews
Randomized control trials	Meta-analysis
Cardiac surgery	Systemic reviews
Acute kidney injury	Books/documents
Children/newborn/neonates	Studies not related to children/newborn/neonates

RESULTS

Following the initial search 943 articles were identified and 635 duplicate records were removed. The title and abstracts of the articles were reviewed, and 107 articles were excluded from the study. The remaining 201 articles were reviewed thoroughly, and further screening was done based on study. 14 articles found eligible and the articles having original studies related to treatment options were included in the study. All selected studies were from last 10 years and including 2,941 infants or children from those 931 developed acute kidney injury. The highest percentage of selected studies has been conducted in the USA (60%) followed by Finland and South Korea (13%). While 7% of studies have been conducted in Iran and Russia as presented in **Figure 4**.

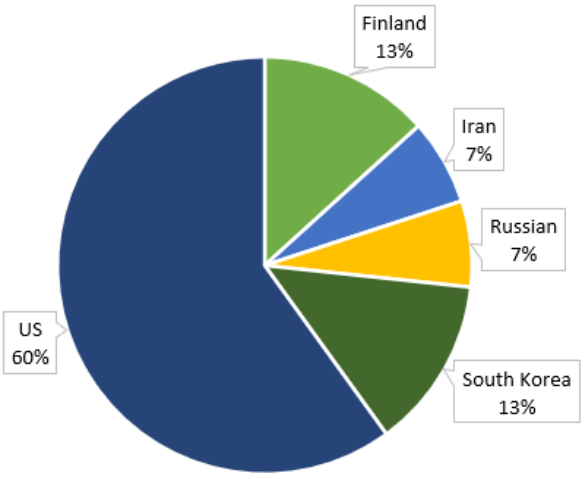

Figure 4. Country wise distribution of randomized controlled trial studies in cardiac surgery-associated acute kidney injury in newborns (Source: Authors' own elaboration)

The characteristics of the fourteen randomized controlled trials have been shown in **Table 2**. These studies included 2095 infants or children received treatments with steroids, aminophylline, dexmedetomidine and acetaminophen. While 846 infants or children were in control group in these studies.

Table 2. Characteristics of studies in cardiac surgery-associated acute kidney injury in pediatrics

Author	Country	Treatment (dose)	Age, mean±SD/ median (IQR)		Findings
			TG	CG	
[27]	South Korea	Dexmedetomidine (1 µg/kg)	NA	NA	Authors stated that their research will allow them to determine whether dexmedetomidine can affect early neurodevelopmental outcomes in newborns having heart surgery with cardiopulmonary bypass, as well as determine impact of dexmedetomidine on other organs.
[28]	Russian	Dexamethasone (1 mg/kg)	6.5 (4.0-9.3) months	5.7 (3.8-9.3) months	In comparison to placebo, intraoperative dexamethasone did not significantly reduce serious complications or mortality after 30 days.
[29]	USA	Methylprednisolone (30 mg/kg)	9.1 (5.4) days	8.2 (5.6) days	Intraoperative methylprednisolone failed to show a statistically meaningful reduction in composite primary study endpoint's occurrence.
[30]	Finland	Methylprednisolone (2 mg/kg) followed by hydrocortisone infusion (0.2 mg/kg/h)	8.1±2.6 days	8.2±4.7 days	A study found that corticosteroid administration lowered inflammatory response in neonates having heart surgery but did not diminish frequency of acute renal injury as characterized by kidney disease: decreasing growth of acute kidney injury biomarkers or improving global outcomes (KDIGO) classification.
[31]-PC	USA	Acetaminophen (60-70 mg/kg)	5.5 (3.3-16.6) months	15.2 (4.5-70.9) months	In pediatric patients undergoing heart surgery, early postoperative acetaminophen administration may be linked to a decreased likelihood of acute renal injury.
[31]-VC	USA	Acetaminophen (60-70 mg/kg)	6.7 (2.9-46.9) months	39.8 (5.3-203.9) months	
[32]	South Korea	Dexmedetomidine (0.5 mg/kg/hr)	31±14 months	32±19 months	Dexmedetomidine infusions given intraoperatively may lower risk of acute renal damage & delay decline in estimated glomerular filtration rates after bypass surgery.
[33]	USA	Dexmedetomidine (0.5 µg/kg/hr)	10 (4, 36) months	7 (3, 47) months	Use of a dexmedetomidine infusion in pediatric patients following congenital heart surgery was linked to a lower incidence of acute renal injury but not to changes in clinical outcomes.
[34]	USA	Steroid	NA	NA	Intraoperative steroids were widely used in major multi-center single ventricle reconstruction experiment. In neonates receiving norwood operation, intraoperative steroid treatment was not associated with improved outcomes & may be associated with a reduction in hospital survival.
[35]	Finland	Methylprednisolone (30 mg/kg)	9.9±7.0 days	11.0±7.2 days	Methylprednisolone, given before surgery, significantly lowers plasma neutrophil gelatinase–associated lipocalin levels. Neutrophil gelatinase–associated lipocalin appears to come from active neutrophils to a large extent. When interpreting plasma neutrophil gelatinase–associated lipocalin levels as a kidney damage marker in paediatric heart surgery, preoperative methylprednisolone can be a confusing factor.
[36]	US	Aminophylline (5 mg/kg)	154 (50-656) days	165 (58-1,333) days	Aminophylline had no effect on preventing acute renal injury in children recovering from heart surgery with cardiopulmonary bypass.

Table 2 (Continued). Characteristics of studies in cardiac surgery-associated acute kidney injury in pediatrics

Author	Country	Treatment (dose)	Age, mean±SD/ median (IQR)		Findings
			TG	CG	
[37]	USA	Aminophylline (5 mg/kg)	NA	NA	In early postoperative phase, intraoperative aminophylline was more efficient than furosemide in reversing oliguria. Children in aminophylline group had fewer acute kidney injuries that required renal replacement treatment.
[38]	Iran	Methylprednisolone (30 mg/kg)	39.8±24.7 months	38.2±19.8 months	After correcting tetralogy of fallot, a single dosage of methylprednisolone (corticosteroid) has no effect on clinical outcome.
[39]	USA	Hydrocortisone IV bolus (50 mg/m^2)	5 (4, 7) days	6 (5, 11) days	After neonatal cardiopulmonary bypass surgery, prophylactic postoperative hydrocortisone lowers low cardiac output syndrome, improves fluid balance & urine output, & minimizes inflammation.
[40]	USA	Acetaminophen (15 mg/kg)	33.1±9.2 months	34.1±8.9 months	Acetaminophen did not affect postoperative creatinine, urinary neutrophil gelatinase-associated lipocalin, or prevalence of acute kidney injury. Acetaminophen attenuated increase in plasma isoflurane concentrations.

Note. Reference for each study has been added; TG: Treatment group; CG: Control group; PC: Primary cohort; & VC: Validation cohort

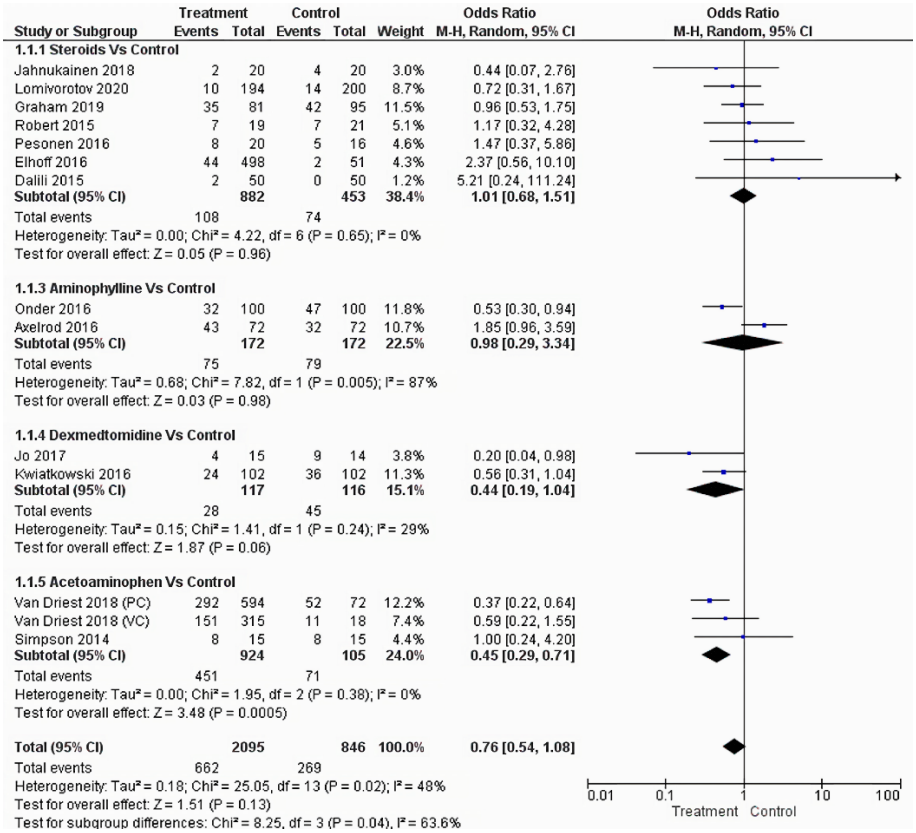

Figure 5. Forest plot of treatment & control groups with cardiac surgery-associated acute kidney injury in pediatrics (Source: Authors' own elaboration)

The results of the meta-analyses have been presented in **Figure 5**. Seven studies in the forest plot compared steroids treatment with control groups showed non-significant difference (p=0.6500) in heterogeneity among the groups with 0% I^2 value. The odds ratio (OR) for these studies showed no significant difference compared with control for steroids (OR, 1.01; 95% CI, 0.68 to 1.51; p=0.9600). Two studies compared aminophylline treatment groups with control groups, and there was a high degree of heterogeneity among the studies (I^2=87%, p=0.0050). The OR for these studies showed non-significant difference compared with control for aminophylline (OR, 0.98; 95% CI, 0.29, 3.34).

Similarly, other two studies compared dexmedetomidine treatment groups with control groups and there was a low heterogeneity among the studies (I^2=29%, p=0.2400). Whereas overall effect was non-significant (p=0.0600). The OR for these studies showed no significant difference compared with control for dexmedetomidine (OR, 0.44; 95% CI, 0.19, 1.04). The three studies compared acetaminophen treatment groups with control groups and there was a low heterogeneity among the studies (I^2=0%, p=0.3800).

The OR for these studies showed significant difference compared with control for acetaminophen (OR, 0.45; 95% CI, 0.29, 0.71). Whereas overall there was significant difference among acetaminophen treatment and control groups (p=0.0005). The combined effect of various treatments by using a random model was 0.76 (0.54, 1.08), the heterogeneity with I^2=48%. Overall, there was significant difference in treatment and control groups among all selected studies (p=0.0200) and subgroups (p=0.0400).

DISCUSSION

Following cardiac surgery in infants, acute kidney injury is common, followed by a rapid decline in kidney function as demonstrated by a lower glomerular filtration rate [1]. The goal of this meta-analysis was to compile the existing evidence and analyze the efficacy of pharmacological therapies in preventing cardiac surgery-related acute renal damage in children. A total of 2,941 newborns or children were enrolled in fourteen studies, with 931 developing acute renal damage. 2,095 of the enrolled infants and children received steroid, aminophylline, dexmedetomidine, and acetaminophen therapies. The USA (60%) has the largest percentage of selected studies, followed by Finland and South Korea (13%). In Iran and Russia, just 7% of studies have been conducted. Seven studies in the forest plot comparing steroids treatment to control groups revealed a non-significant difference (p=0.6500) in heterogeneity among the groups with a 0% I^2 score. The OR for steroids in these trials was not significantly different from control (OR, 1.01; 95% CI, 0.68 to 1.51; p=0.96). It was found that intraoperative dexamethasone did not significantly reduce serious complications or mortality at 30 days when compared to placebo [28]. Dexamethasone injection before cardiopulmonary bypass reduces the post-bypass inflammatory response in children, as measured by cytokine levels and clinical outcome [41]. Another study found that a single dosage of methylprednisolone (corticosteroid) has no effect on the clinical outcome after tetralogy of fallot repair [38]. Similarly, intraoperative methylprednisolone failed to show a meaningful reduction in the composite primary study endpoint's incidence. However, there was a benefit in patients undergoing palliative treatments, and there was a significant interaction between treatment effect and center, implying that there may be center or patient characteristics that make prophylactic methylprednisolone advantageous [29]. Another study found that corticosteroid administration lowered the inflammatory response in neonates having heart surgery but did not diminish the frequency of acute renal injury as characterized by kidney Disease: decreasing the growth of acute kidney injury biomarkers or improving global outcomes (KDIGO) classification [30]. Methylprednisolone, given before surgery, significantly lowers plasma neutrophil gelatinase–associated lipocalin levels. Neutrophil gelatinase–associated lipocalin appears to come from active neutrophils to a large extent. When interpreting plasma neutrophil gelatinase–associated lipocalin levels as a kidney damage marker in pediatric heart surgery, preoperative methylprednisolone can be a confusing factor [35]. After neonatal cardiopulmonary bypass surgery, prophylactic postoperative hydrocortisone lowers low cardiac output syndrome, improves fluid balance and urine output, and minimizes inflammation [39]. Intraoperative steroids were widely used in the major multi-center single ventricle reconstruction experiment. In neonates receiving the Norwood operation, intraoperative steroid treatment was not associated with improved outcomes and may be associated with a reduction in hospital survival [34].

In Two studies compared aminophylline treatment groups to control groups in this meta-analysis, and there was a lot of heterogeneity between them (I^2=87%, p=0.0050). The OR for aminophylline in these investigations was non-significant when compared to the control (OR, 0.98; 95% CI, 0.29, 3.34). According to [36] Aminophylline has no effect on preventing acute renal injury in children recovering from heart surgery with cardiopulmonary bypass. In the early postoperative phase, intraoperative aminophylline was more efficient than furosemide in reversing oliguria. Children in the aminophylline group had fewer acute kidney injuries that required renal replacement treatment [37].

Dexmedetomidine is a selective 2-agonist that is frequently used in perioperative anesthesia and analgesia. Recent evidence suggests that it can help safeguard renal function in adults who are having heart surgery [42], suggesting that it has nephroprotective qualities via reducing inflammation [43] and ischemia-reperfusion damage prevention [44]. The evidence for its role in pediatric patients is limited, with only two studies to date. In particular, a retrospective cohort study [33] first reported that dexmedetomidine was linked to a trend toward lower acute kidney injury incidence, albeit with marginal statistical significance; later, a randomized control trial [32] confirmed this effect and observed improved postoperative kidney function in children receiving dexmedetomidine. Two studies in this meta-analysis compared dexmedetomidine treatment groups to control groups, and there was little heterogeneity between them (I^2=29%, p=0.2400). The overall effect, however, was not significant (p=0.0600). The OR for dexmedetomidine in these investigations was not significantly different from the control (OR, 0.44; 95% CI, 0.19, 1.04). Dexmedetomidine infusions given intraoperatively may lower the risk of acute renal damage and delay the decline in estimated glomerular filtration rates after bypass surgery [32]. The use of a dexmedetomidine infusion in pediatric patients following congenital heart surgery was linked to a lower incidence of acute renal injury, but not to changes in clinical outcomes [33]. It was analyzed 2,625 pediatric participants from 14 research, including both randomized control trials and observational studies [45]. It was discovered that dexmedetomidine (OR: 0.49; 95% CI: 0.28 to 0.87) and acetaminophen (OR: 0.43; 95% CI: 0.28 to 0.67) significantly reduced acute renal injury, but corticosteroids, fenoldopam, and aminophylline had no effect. Dexmedetomidine was determined to be the best-ranking therapy in their assessments, despite overlap with the other therapies. The researchers in [27] planned to recruit 160 infants receiving cardiopulmonary bypass surgery with dexmedetomidine therapy. They stated that this research will allow them to determine whether dexmedetomidine can affect early neurodevelopmental outcomes in newborns having heart surgery with cardiopulmonary bypass, as well as estimate dexmedetomidine's effects on other organs.

Similarly, there is growing interest in the role of acetaminophen; while a randomized control trial in the field [40] found no significant benefit, a recent large-scale cohort [31] suggested that its perioperative administration could prevent acute kidney injury in a dose-dependent manner. However, because the study was retrospective, confounding could not be ruled out. Furthermore, prophylactic corticosteroid administration is a well-known technique for protecting children from relative adrenal insufficiency and a systemic inflammatory response generated by a cardiac bypass circuit [46]. Despite this, there is no evidence that its administration reduces the risk of acute kidney injury. Three studies were chosen to compare acetaminophen treatment groups with control groups in the current analysis, and there was little heterogeneity across them (I^2=0%, p=0.3800). The OR for acetaminophen in these investigations was significantly different from the control (OR, 0.45; 95% CI, 0.29, 0.71).

Overall, there was a significant difference (p=0.0005) between the acetaminophen treatment and control groups. Postoperative creatinine, urinary neutrophil gelatinase-associated lipocalin, or the prevalence of acute renal damage were not affected by acetaminophen. The increase in plasma isoflurane concentrations was reduced by acetaminophen [40]. In pediatric patients undergoing heart surgery, early postoperative acetaminophen administration may be linked to a decreased likelihood of acute kidney injury [31]. The overall effect of multiple treatments employing a random model in this meta-analysis was 0.76 (0.54, 1.08), with I^2=48% heterogeneity. All chosen studies (p=0.0200) and subgroups (p=0.0400) had significant differences in treatment and control groups.

CONCLUSION

14 articles found eligible and the articles having original studies related to treatment options were included in the study. The highest percentage of selected studies has been conducted in the USA (60%) followed by Finland and South Korea (13%). While 7% of studies have been conducted in Iran and Russia. The OR for these studies showed no significant difference compared with control for steroids (OR, 1.01; 95% CI, 0.68 to 1.51; p=0.9600). The OR for these studies showed no significant difference compared with control for dexmedetomidine (OR, 0.44; 95% CI, 0.19, 1.04). The finding of this meta-analyses also suggested that acetaminophen was associated with lower incidence of postoperative acute kidney injury, while no benefit from steroids, and aminophylline administration could be supported. Future, more randomized controlled trials should be conducted to clarify the effectiveness of these drugs for protecting acute kidney injury in newborn.

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Ethical statement: Authors stated that an ethics committee approval was not applicable because this study is based exclusively on published literature.

Declaration of interest: No conflict of interest is declared by authors.

Data sharing statement: Data supporting the findings and conclusions are available upon request from the corresponding author.

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