



Evaluation of Clinical Risk Index for Babies to Predict Mortality and Morbidity in Neonates Admitted to Neonatal Intensive Care Unit

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ABSTRACT

Background: Premature birth, low birth weight, and congenital malformations are the main causes of neonatal mortality. The current study aimed at evaluating the predictive index of mortality and short-term morbidity of premature neonates in a hospital in karaj, Iran

Methods: The present cross sectional study was conducted on 145 neonates admitted to the neonatal intensive care unit of (NICU) at Bahonar Hospital in karaj, Iran from 2014 to 2017. Neonates were selected by available sampling method and data were collected using their records; the mortality rate was calculated using the CRIB (clinical risk index for babies) checklist. Data were analyzed statistically.

Results: The current study results indicated the high efficiency of both CRIB and CRIBII variables in predicting neonatal mortality ($P = 0.000$). The mean CRIB and CRIBII scores were respectively 9.24 and 9.04 in infants died during the study.

Discussion: The CRIB score had a higher value in predicting mortality compared to that of CRIBII. CRIB score had a significant correlation with retinopathy of prematurity (ROP) ($P = 0.01$) and respiratory distress syndrome (RDS) ($P = 0.011$), but no significant relationship was found between CRIBII and the studied complications. There was a significant correlation between CRIB and CRIBII scores >8 , and neural tube defect ($P = 0.000$). The predictive value of the CRIB score for neural tube defect was higher than that of the CRIBII.

Conclusion: The results of the current study showed that CRIB and CRIBII can be utilized to predict mortality and neural tube defect in preterm infants and CRIB score can be used to predict ROP and RDS.

Keywords: neonates, mortality, morbidity

INTRODUCTION

The risk of neonatal death is high during labor, so that the highest infant mortality rate occurs within the first 24 hours of life (1,2). Prematurity, low birth weight and congenital malformations are the most important cause of neonatal mortality (3).

According to the World Health Organization (WHO), about 8 million infants annually die within first 12 months of life. Infant mortality is an important issue in developing countries and has a high economic and social burden (4). Although infant mortality rate, like some other development indicators, has a declining trend, many infants still die worldwide. According to WHO report, 5.9 million children under five died in 2015; i.e., 16,000 deaths per day; 45% of them were infants (19.2 deaths per 1000 live births), 454,000 cases only occurred in the Eastern Mediterranean region (EMR) (5,6).

Iran's share, as a country in EMR, is 13,000 infant deaths with an average mortality rate of 9.5 (6-14.4) per 1000 live births, compared to 16 per 1000 live births in 2009 (7).

Low birth weight and premature infants face more challenges compared to full-term ones, so that their mortality rate is 4.5 times, and morbidity and disease rate 3.5 times higher than term infants. The survival rate of such infants depends on different factors including birth weight, gestational age, congenital malformations, and quality of neonatal care (8-11).

In recent years, with the advancements and improvements in neonatal care, the survival chance of such infants increased, but consequently, the risk of complications including retinopathy of prematurity (ROP), hearing problems, neural tube defects, and bacteremia increased (12). Given the importance of these diseases and the necessity of their prevention, an instrument to identify the critically ill infants on admission in order to help the treatment team is highly required (13-15). More than a decade ago, "clinical risk scoring systems for infants" - i.e., CRIB and CRIBII were utilized to assess the health status and predict mortality in infants admitted to neonatal intensive care units (NICUs).

The CRIB (clinical risk index for babies) is a scoring system consisting of six variables including birth weight, gestational

Table 1. The Correlation between CRIB and Mortality Rate in Infants Admitted to the Neonatal Intensive Care Unit

Mortality and morbidity	status	Mean±SD (CRIBI)	Frequency (percent)	p-value*
Death	yes	4.2±2.5	116(80%)	0.000
	no	9.2±3.2	29 (20%)	
Neural tube defect	yes	8.6±1.4	126 (87%)	0.002
	no	4.4±1.2	19 (13%)	
Retinopathy of prematurity	yes	8.2±2.5	85 (58%)	0.001
	no	4±0.3	60(42%)	

*Mann Whitney test

age, congenital malformations, minimum and maximum oxygen consumption, and maximal base excess used within the first 12 hours of hospitalization (16).

The CRIBII, the revised version on CRIB, consists of five variables of birth weight based on gestational age, congenital abnormality, gender, body temperature on admission, and maximal base excess. Some researchers believe that the CRIBII has a higher value in predicting mortality rate of premature neonates with birth weight less than 1500 g (17) compared to birth weight and gestational age variables (18), and helps predict hospital mortality rate among premature infants (19).

CRIB is an important index in predicting the severity of disease and even infant's death. An integer is assigned to each variable of both indices based on predefined classifications and according to infant's health status; the sum of integers yields CRIB and CRIBII scores. A higher score in each of the two indices indicates a more severe disease and worse prognosis (20).

Considering the importance of these indices and since no research from Iran investigated the efficacy of CRIB and CRIBII in premature neonatal morbidity so far, the current study aimed at comparing these indices in predicting mortality and short-term morbidity in preterm infants admitted to NICU at Bahonar Hospital in Karaj, Iran from 2014 to 2017 (21,22).

METHOD

The current cross sectional, retrospective study was conducted on 145 neonates admitted to NICU at Bahonar Hospital in karaj from 2014 to 2017.

Participant's Characteristics

All neonates with gestational age of 23-37 weeks admitted to NICU within the first 12 hours of life from 2014 to 2017 were enrolled in the current study.

Exclusion Criteria

- 1) Infants weighing less than 500 g
- 2) Admission after the first 12 hours of life
- 3) Death during the first 12 hours of life
- 4) Infants with inevitably lethal congenital malformations, such as trisomy 13 and 18

DATA COLLECTION INSTRUMENTS

Demographic and required data were extracted from the neonates' records in the NICU at Imam Ali Hospital. Then the CRIB and CRIBII scores were calculated. Infants' gestational age was calculated based on last menstrual period and ultrasound of the first trimester of pregnancy using maternal

records and in case of inconsistency, gestational age was determined according to pediatricians' estimation. Data were evaluated using records of neonates and the rate of risk was assessed based on CRIB and CRIBII of infant's disease progression including short-term morbidity such as Retinopathy of prematurity (ROP), neural tube defects, hearing problems, bacteremia, and respiratory distress syndrome (RDS) until death.

DATA ANALYSIS

The collected data were analyzed with SPSS version 24 software. Frequency and frequency percentage were used to express qualitative variables and mean and standard deviation for quantitative variables. Shapiro test was used to assess the distribution of CRIB.

The Mann-Whitney test was used to compare CRIB and CRIBII in predicting neonatal mortality, ROP, hearing problems, neural tube defects, and RDS.

Spearman correlation test and ANOVA were used to determine the correlation of CRIB and CRIBII with blood acidosis and blood glucose, respectively and determine the correlation of CRIB and CRIBII with heart problems rate.

RESULTS

A total of 145 infants were investigated in the current study, of them 75 (51.7%) were female and 70 (48.3%) male. The weight of subjects ranged 500 to 3800 g (mean: 1913.1±57.67). The gestational age of the subjects ranged 24 to 37 weeks (mean: 32.4±3.01). Only 4.3% of the subjects had congenital malformations and the body temperature of most infants (56.6%) ranged 36.2°C to 37.3°C.

Most infants were in the desirable health status based on the oxygen consumption percentage (40.7% had $sO_2 > 70\%$); maximal base excess (based on the results of arterial blood gas analysis) in 67.2% of the neonates ranged -10 to -2.

The mean CRIBI score of died infants was significantly higher than that of others (4.22 vs. 9.24). Besides, 89.7% of died infants had a CRIBI score of > 5 ($P = 0.000$) (Table 1).

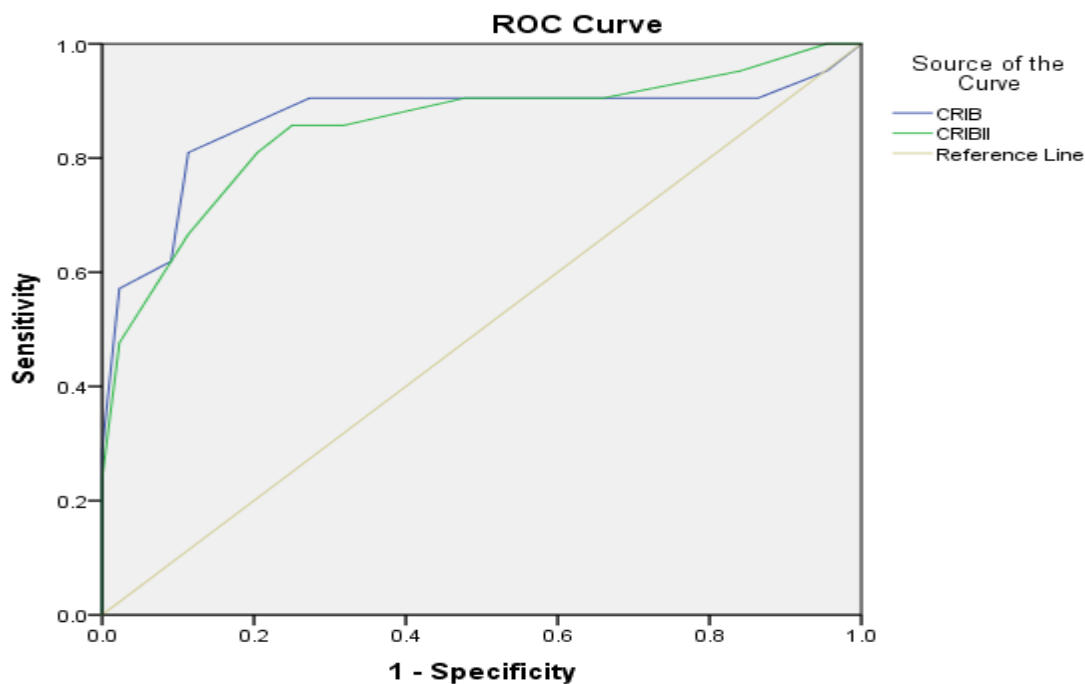
According to the results, there was a relationship between CRIB and the rate of ROP; in other words, CRIB score of patients with ROP was significantly higher than that of others ($P = 0.01$).

There was a significant relationship between CRIB and neural tube defects; so that the CRIB score of neonates with neural tube defects was significantly higher than that of others (8.68 vs. 4.43; $P = 0.000$).

CRIB score was also associated with RDS in premature infants admitted to NICU; so that the mean score of CRIB was 5.63 in infants with RDS and 3.12 in others ($P = 0.011$) (Table 2).

Table 2. Relationship between CRIBII Score, and Blood Acidosis and Blood Glucose in Infants

CRIB Score	<4	5-10	>10	P-value
Mean blood acidosis	7.32	7.27	7.21	<0.001
Mean blood glucose	127.2	186.87	315.64	<0.001



Diagonal segments are produced by ties.

Figure 1. ROC curve of CRIB and CRIBII scores in predicting infants’ mortality

The AUC value for CRIB was 0.904, indicating the efficiency of this variable for predicting RDS. The optimal cutoff point for CRIB was 8.5 with 68.3% sensitivity and 100% specificity.

$$AUC_{CRIB} = .904; CI: 0.797 - 1.000$$

A relatively significant and inverse relationship was found between arterial blood acidosis and CRIB in preterm infants admitted to NICU (P = 0.000, R = -0.04).

Mean blood glucose of neonates had a significant correlation with CRIB score (R = 0.32, P = 0.00), but the current study results showed no significant relationship between CRIB score and the rate of hearing problems in preterm infants (P = 0.671).

The results also showed no significant correlation between CRIB score and bacteremia based on positive CRP test result in preterm infants admitted to NICU (P = 0.513).

There was no significant relationship between CRIB score and heart problems (P = 0.091).

In addition, 14.3% of died infants had a CRIBII score of ≤4, which ranged 5 to 8 for 19% of died infants. Also, 66.7% of all deaths belonged to infants with CRIBII score of ≥9.

There was a significant relationship between CRIBII score and neural tube defects in preterm infants, so that the CRIBII score of neonates with neural tube defects was significantly higher than that of others (8.00 vs. 4.92; P = 0.002).

Spearman correlation test showed a poor and adverse relationship between CRIBII score and premature neonates arterial blood acidosis (P = 0.05, R = -0.253).

The correlation of blood acidosis and blood glucose with CRIBII score of neonates is shown in (Table 2).

There was a significant and positive correlation between higher CRIB scores and increased blood glucose in infants. However, the correlation of CRIB score with blood acidosis was inverse and significant (P <0.001).

According to Figure 1, the ROC curve was drawn to compare CRIB and CRIBII in predicting mortality rate of premature neonates. The results showed that the AUC of CRIB was slightly higher than that of CRIBII, but the results indicated a high efficiency of both variables in predicting infants’ mortality. However, it can be said that the CRIB score has a higher predictive value than the CRIBII. The optimal cutoff point for CRIB was 7.5 with 90% sensitivity and 72.7% specificity and for CRIBII was 6.5 with 85.7% sensitivity and 75% specificity.

$$AUC_{CRIB} = .866; CI: 0.746 - 0.987$$

$$AUC_{CRIBII} = .853; CI: 0.741 - 0.966$$

According to Figure 2, the AUC of CRIB was larger than that of CRIBII for predicting neural tube defects. Therefore, it can be said that the CRIB score had a higher value than that of CRIBII in predicting neural tube defects. The optimal cutoff point for CRIB was 5.5 with 86.7% sensitivity and 63.2% specificity and 7.5 for CRIBII with 73.3% sensitivity and 78.9% specificity.

$$AUC_{CRIB} = .759; CI: 0.595 - 0.923$$

$$AUC_{CRIBII} = .774; CI: 0.607 - 0.940$$

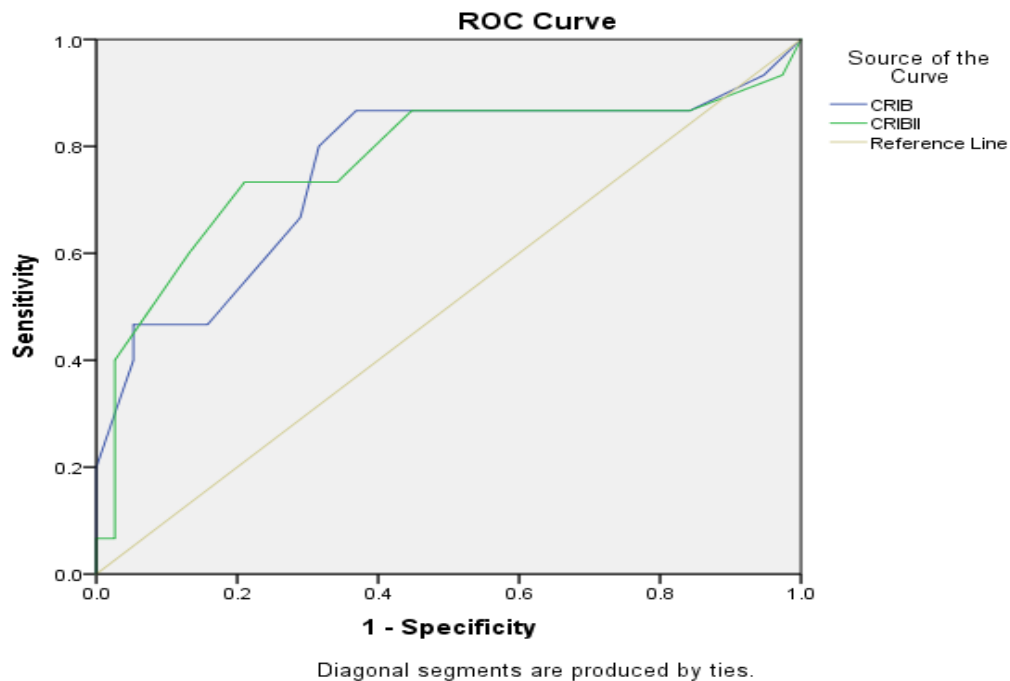


Figure 2. ROC curve for neural tube defect variable

DISCUSSION

The results of the study showed that CRIB and CRIBII had high efficacy in predicting neonatal mortality ($P = 0.000$). CRIB also had a more value in predicting mortality than CRIBII.

In a study by Marto et al, the correlation of CRIBII score with neonatal mortality rate was higher than that of CRIB (23). A study by Ezzedine et al reported the mean CRIBII score of 9.9, indicating high value of CRIBII in predicting neonatal mortality rate (24-27). The higher the CRIB and CRIBII scores, the higher the risk of mortality.

In the study by de Brito et al., the CRIB was also reported as a more accurate index in predicting neonatal mortality than birth weight and gestational age. They considered the CRIB score of ≥ 9 on average as high risk. In the current study, CRIB was a good factor for predicting neonatal mortality rate (28).

Bazrafcan and Amin, evaluated the value of CRIB, SNAP, and SNAP_PE in determining the disease severity and predicting mortality in neonates admitted to NICU (29). In their cross sectional study, 60 out of 200 studied neonates died (30%), the median CRIB was higher in died patients. Consequently, the CRIB could be a reliable method to predict mortality and determine disease severity in neonates; they also recommended the utilization of CRIB even for patients who admitted to NICU (30-33).

In the reviewed studies, in agreement with the current study, CRIB and CRIBII had a good value in predicting neonatal mortality (34-36).

The current study findings showed a significant correlation between CRIB score and incidence of ROP ($P = 0.01$), but no correlation was found between CRIBII score and ROP. The lack of correlation between CRIBII score and ROP may be due to that CRIBII only covers premature infants with gestational age less than 32 weeks; the point that affects the obtained result (37).

Pirmoradi et al., in a study in Florida evaluated the association of race, gender, and CRIB score in predicting severe

ROP, which of 299 patients, 35 (11.7%) cases developed ROP that required surgical intervention. Likewise, the study findings revealed that these infants had a high CRIB score (38).

Ahmadpour et al. also examined the correlation of ROP with CRIB score. Of the 256 studied neonates, 180 (70%) had retinopathy in some degrees, of which 56 (31.11%) required treatment, although the relationship between CRIB score and severity of retinopathy was insignificant ($P = 0.152$); hence, the CRIB cannot predict the severity, progression, or remission of retinopathy (39-42).

In addition, in the present study, a significant correlation was found between CRIB and CRIBII, and neural tube defect, with higher predictive value of the CRIB than CRIBII (43,44).

Consistent with the results of the study by de Courcy-Wheeler et al., the CRIB score can significantly predict neural tube defects ($P < 0.0001$), and the risk of Neural tube defects increases from 5% in the CRIB scores of 0 to 5 to 28% in the CRIB score of >11 (45,46).

In the study by Lodha et al, a significant correlation was reported between CRIBII score and long-term neurodevelopmental outcomes (47).

But according to the results of the present study, there was no significant correlation between CRIB and CRIBII scores and rate of hearing problems, bacteremia, and heart problems. Lack of correlation between CRIBII score and the studied morbidity including hearing problems, RDS, bacteremia, and heart problems might be due to small sample size of CRIBII scores (48).

In the study of Rastogi et al., the ROC curve for mortality was 0.9 based on CRIB-II, which was inconsistent with that of the current study. Researchers have attributed such discrepancies to sample size error and increased percentage error in small sample sizes (49) and recommended further studies in the same field.

Finally, Primary care and practice have always generated a great deal of innovation in care, professionals are continuously

reviewing their practice and ways in which to change procedures to enhance patient care. since neonatal mortality rate is still high and the quality of intensive care can significantly improve neonatal outcomes, utilization of CRIB and CRIBII is advantageous. Although the efficacy of the studied indices was shown in the present and some other studies, further investigations are still recommended to address the contradictions regarding the predictive value of CRIB and CRIBII for some neonatal complications.

CONCLUSION

The results of the study showed that CRIB and CRIBII can be utilized to predict mortality and neural tube defects in preterm infants. The CRIB score can also be effective in predicting complications such as ROP and RDS in preterm infants. Therefore, it is recommended to utilize CRIB and CRIBII routinely to predict mortality and short-term morbidity in preterm infants.

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Disclosure Statement

The authors report no conflict of interest.

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